

NAME OF PERSON COMPLETING: _____ DATE: _____

ON BEHALF OF: _____

WHAT AM I GOOD AT OR INTERESTED IN?

List things that you've been told you do well, or you feel good about. What do you do that you are proud of or think is important? What would you like to learn more about or try? For example - you're a "people person" or like helping others.

WHY IS IT IMPORTANT TO ME TO DO THINGS IN THE COMMUNITY AND TO WORK?

List reasons you want to do things in the community? Why do you want to get a job or have a career? For example, you may want to spend time with others, make friends, do things that are meaningful to you, or make money.

WHAT DO I NEED TO HELP ME FIGURE OUT WHAT I WANT TO DO?

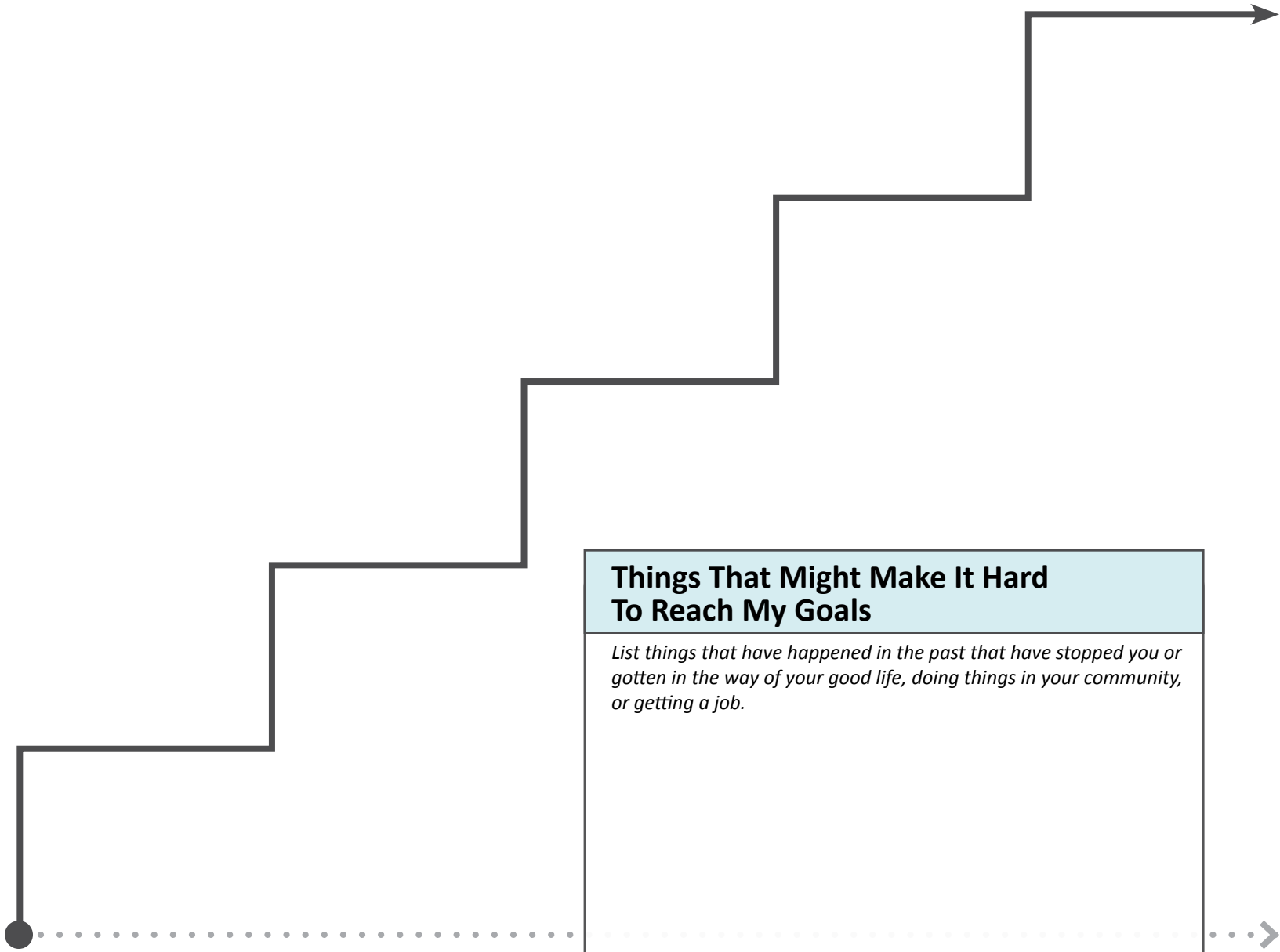
List supports that are helpful to you and what is not. What specific support do you need to do things in the community or to figure out what kind of job you would like and be good at? What do others need to know to best be able to help you explore community participation and employment?





Things in the Past that helped me get closer to my Goal(s):

List things that have happened in the past that have helped you get closer to having the good life you want, and especially have helped you get closer to your vision for community participation.



Things That Might Make It Hard To Reach My Goals

List things that have happened in the past that have stopped you or gotten in the way of your good life, doing things in your community, or getting a job.

What I Want

My Vision for Community Participation

Are there things you have always wanted to do or try? What kinds of activities would you want to do in your community? What could you see yourself wanting to do every day/on a regular basis? What would your dream job be?

My vision for a Good Life

List your hopes and dreams of what you want your life to look like. What needs to be in your life for it to be good? People you want in your life, places you want to go, where you want to live. What would be your best day ever?

What I Don't Want

What I don't want to be part of in the community

What I don't want in my life

