

## STAR Goal Setting Worksheet

Setting strong financial goals are key to achieving the financial future you want. Using the STAR Goal Setting Worksheet will assist you in doing just that. Keep the following in mind:

- Your goal has to be **Specific** – define what you want to achieve.
- Your goal has to be **Timely** – when do you want to achieve the goal?
- Your goal has to be **Action Oriented** – must include how we will do it.
- Your goal has to be **Realistic** – make certain our goals are attainable.

In the table below, write in your goal (remember to be specific) in the first column, the timeframe you plan to achieve that goal, the action you will take to achieve that goal and then reflect – is this goal realistic in the timeframe you have identified.

Specific	Timely	Action Oriented	Realistic
Ex. Have \$500 in emergency savings	Within 12 months	By having \$25 per paycheck automatically deposited into savings account.	Yes